

Because boys love their toys!

Physiotherapy London's team are revelling in now having access to the following in-house equipment and exercise software:

Diagnostic Ultrasound

To assist in determining the location and extent of patients' soft tissue injuries; resulting in more accurate delivery of treatment.

3D Foot Scan

In order to help identify the cause of many running related and lower limb injuries, Physiotherapy London uses the TOG GaitScan to measure the

distribution of force through each foot with each step. This not only highlights potential areas of foot and leg impairment, it also constructs a **3D image of each foot** which can be sent directly to a laboratory for the production of customised orthotics.



Existing Customer

Username:

Password:

Login

[Forgot your login ?](#)
[Forgot your password ?](#)

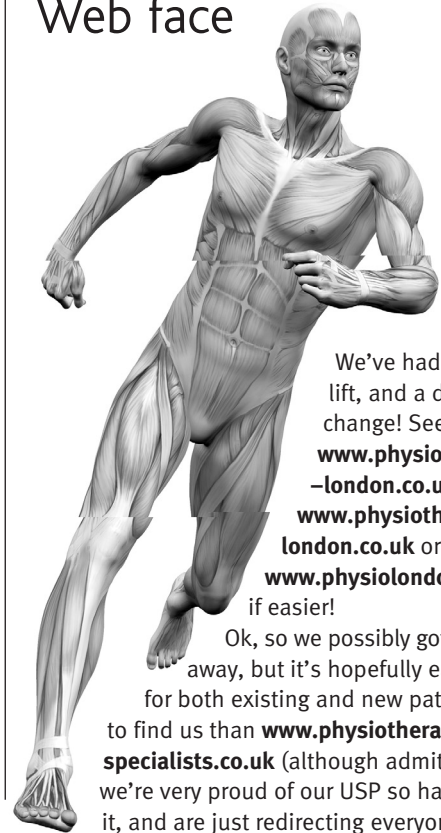
Exercise Software

Due to Physiotherapy London's recent investment in the latest online exercise software, all Physiotherapy London's patients now receive a unique username and password, allowing them access to **online pictures and video clips** of the exercise program specifically designed for them by their physiotherapist.

This should hopefully insure that all exercises are performed correctly. Plus, with the database of exercises constantly being updated, patients' rehabilitation should remain **fun and innovative**.



Web face



We've had a face lift, and a domain change! See: www.physiotherapy-london.co.uk or www.physiotherapy-london.co.uk or even www.physiolondon.co.uk if easier!

Ok, so we possibly got carried away, but it's hopefully easier for both existing and new patients to find us than www.physiotherapy-specialists.co.uk (although admittedly we're very proud of our USP so have kept it, and are just redirecting everyone to it).

Marathon Mondays

The London chain store Runners Need – who video customers' running style in order to ascertain the type of trainers most suited to their biomechanics – recently approached Physiotherapy London to partner their **Canary Wharf store**.

Having worked closely with the store since their opening in early 2007, Physiotherapy London will now be in store on the **last Monday of every month** scanning customers feet (using Physiotherapy London's gait/orthotic analysis equipment), and answering any questions regarding running related injuries.



PHYSIOTHERAPY LONDON

Why see a generalist when you can see a specialist?

Physiotherapy London's Specialists

Lower Limb Specialists

Matteo Europeo

MSc (Physio) MCSP HPC BSc (Osteo)



Matteo currently holds one of the highest clinical physiotherapy positions in the NHS, that of **Clinical Specialist** for the Sports

Physiotherapy Department of a large London NHS Hospital. He also collaborates with British University College Sports and UK Athletics to provide physiotherapy to **world class athletes**.

Matteo uniquely holds both an MSc in Physiotherapy and a BSc in Osteopathy, and has presented research at numerous medical conferences and Universities, including Oxford Brookes and The University of Queensland. He also continues to **provide teaching and clinical supervision** to the MSc and BSc students on the Sports & Exercise Medicine Degree Courses at **Queen Mary's Hospital** in London.

Matthew Goodman

BSc MCSP HPC AACP PG Dip Advanced Clinical Practice



Wasps Rugby Union physio, Matt Goodman, has a 1st Class Honours Degree in Physiotherapy, a PG Dip in Advanced Clinical Practice,

and is currently in the process of completing a Masters Degree in Musculoskeletal Medicine. Matt is also a qualified acupuncturist.

In addition to manual and exercise therapy, Matt utilises video motion analysis, orthotic therapy and diagnostic ultrasound in the diagnosis and treatment of his patients; all of which facilities are now available to him at Physiotherapy London.

Spinal Specialists

Ben Cameron

BPhy MCSP HPC



Prior to joining Physiotherapy London, New Zealand born Ben Cameron spent 4 years in one of the highest clinical physiotherapy positions in the NHS, that of a **Clinical Specialist in Spine Pain**. His role

entailed the treatment of spinal patients within A&E, orthopaedic clinics, and pain management clinics. Ben also worked closely with Orthopaedic Consultants in triage clinics, with responsibility for signing for MRI and x-ray investigations where appropriate.

In addition to a Bachelor of Physiotherapy Degree, Ben is also Credentialed in Mechanical Diagnosis and Therapy by the International Mackenzie Institute (requiring intensive/extensive study of spinal assessment and treatment).

Andre Bason

MSc MCSP HPC MMACP



Andre obtained his BSc in 2001 and his MSc from UCL in 2008. He is trained in both **physiotherapeutic** and **osteopathic techniques**, connective tissue and joint manipulation, myofascial and viscerofascial release and **acupuncture**. As well as being a qualified **Pilates mat work teacher**.

Pelvic Specialist

Ruth Ashton

BSc MCSP HPC ACPWH

We are delighted to have recently recruited a highly experienced Pelvic/Women's Health Specialist to treat all those patients who present with pregnancy related back/SIJ pain, and incontinence.

Prior to joining Physiotherapy London



Ruth was the **lead women's health specialist** at the North Middlesex Hospital, where she was involved in the assessment and treatment of complex musculoskeletal and urogenital conditions, and the development of treatment pathways in accordance with NICE guidelines.

Upper Limb Specialist

Rob Fox

BSc MCSP HPC



10 years qualified, Rob obtained his BSc in Physiotherapy in 2000 from UEL and has since gone on to specialise in work related and sporting

injuries; with a particular interest in upper limb disorders (studying under the renowned Shoulder Specialist Dr Jeremy Lewis).

Sports Injury Specialist

James Thompson

BPhy MCSP HPC PG Dip Sports Medicine



James obtained his B.Phys in 2003 and his PG Dip in Sports Medicine in 2007 from Otago University, New Zealand; his country

of origin. He received an award from Otago University for **'Best Research'** for his dissertation 'The Bio-mechanics of an Efficient Throwing Action'.

James, who divides his time between his specialist role at Physiotherapy London and that of Senior Musculoskeletal Physiotherapist for the **Army at Wellington Barracks**, has also provided physiotherapy for **elite athletes** including Hawke's Bay National Rugby & Hockey teams and The New Zealand Royal Ballet.

Please complete and return to: Physiotherapy London, 150 Westferry Studios, Milligan Street, Canary Wharf, London E14 8AS

I am happy to receive new patient referrals from Physiotherapy London:

Name: _____ Specialty: _____

Qualifications: _____ Correspondence address: _____

_____ Email: _____ Website: _____

New patient referrals