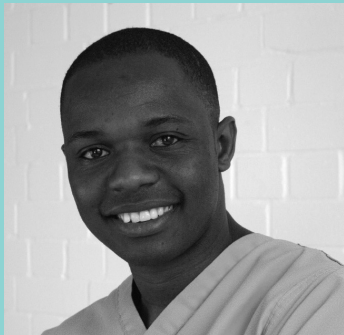


Spotlight on: Upper Limb



Physiotherapy London's Upper Limb Specialist **Tendayi Mutsopotsi** MSc MCSP HPC ACPOM joined the clinic in October 2006.

Two years on Tendayi continues to enjoy the challenge posed by upper limb disorders, and is constantly striving to excel through the attendance of many courses:

- Anju Jaggi Shoulder Course
- Jeremy Lewis Shoulder Course
- Study Days at St Mary's Hospital Shoulder Unit and RNOH Shoulder Unit
- Evening Lecture Vista Diagnostics: Interpreting MRI and Shoulder Instability
- ESP M Module University of Hertfordshire
- OCPPP Conference: A Call to Arms
- BESS Conference

Tendayi also continues to work alongside Orthopaedic Surgeons in the Orthopaedic Shoulder Clinic at the **Chelsea & Westminster Hospital**, where he is responsible for: requesting appropriate investigations/interventions; managing post operative patients, following a wide variety of surgical procedures; referring complex presentations on to secondary/tertiary centers.

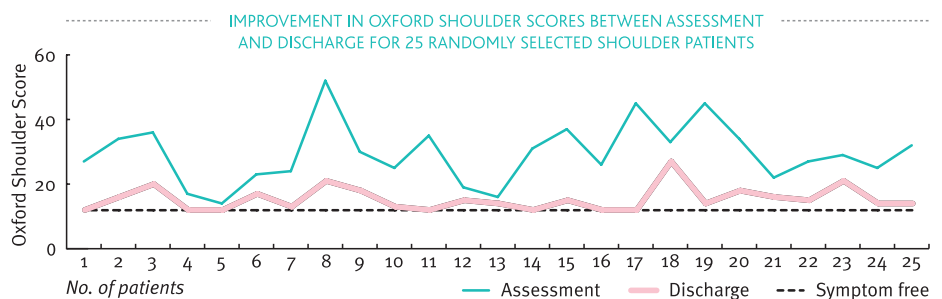
Always objective

Having embraced Physiotherapy London's ethos of objectivity, Tendayi has consistently utilised the **Oxford Shoulder Score** for the assessment of his shoulder patients.

Though notoriously hard to treat, the following graph demonstrates how he has

managed to restore range, function and pain free status to shoulders formerly incapacitated by pain.

NB. Many patients, if symptom free, will obviously not return for a final appointment. The 'discharge' score is therefore the last score recorded.



Patients recommend Tendayi

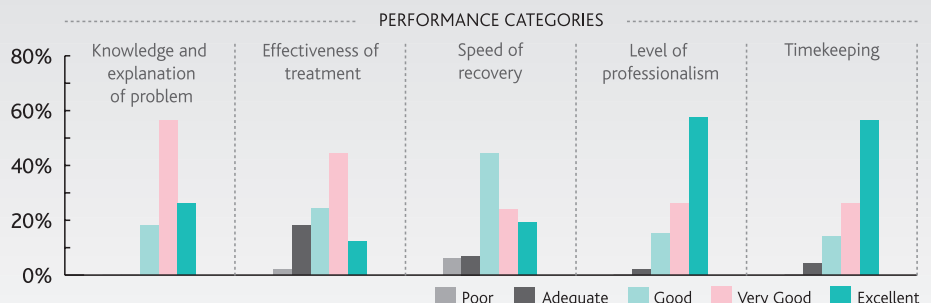
As the **Satisfaction Survey graph** below shows, **more than 80%** of patients rated Tendayi as **Good, Very Good, or Excellent**. Written comments received through our Satisfaction Survey for Tendayi include:

'Thank you for your support and perseverance to ensure I improved'. **Y.H.**

'As per the above scores I could not be happier with my treatment – a big thank you'. **C.H.W.**

'The treatment was very effective, with immediate benefit in both movement and lack of continuous pain. Excellent service that I would use again and would recommend to others'. **M.K.**

'The treatment provided has given me full function of my shoulder back. Tendayi M. the physio, I rate as excellent – in manner and skill. Please thank him very much. As above I am really very impressed with what you have achieved'. **E.W.**



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