

Open for debate

Physiotherapy London's Director attended a fascinating debate between Diane Lee (Physiotherapist), Colin Natalie (Surgeon), Robin Kirk (Osteopath), Alan Jordan (Chiropractor), Lynne McTaggart (Freelance Journalist) & Paul Chek (Exercise Specialist) provocatively entitled **'Who owns LBP?'** Although no votes were cast the increasingly united, and evidence based, front which developed between Diane and Colin Natalie undoubtedly inspired greater confidence.

Meanwhile Physiotherapy London's Upper Limb Specialist, Tendayi Mutsopotsi MCSP HPC MSc, attended a two-day course at the RNOHT Stanmore in April entitled **'Problem Solving the Shoulder'**.

While Miffy Edlund MCSP HPC OCPPP recently attended two separate lectures. The first, by Mr Lloyd Williams & Justin Coulter, covered **'Surgical Approaches & Biomechanical Considerations for Foot Injuries'**. The second, on **'Sports Ankle Problems'** included Ridian Thomas, Jino di Matteo and David Connell amongst the key speakers. At this latter event subjects covered included the latest research on proprioception, and the management of post surgical achilles rupture repairs.

Researcher joins the clinic

In a pioneering move, Physiotherapy London has taken on a **researcher**.

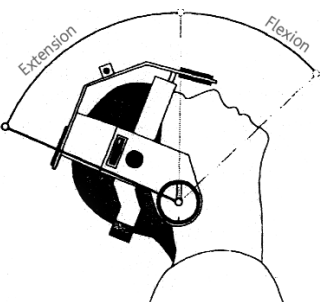
Initially working on a project to ensure that all Physiotherapy London's specialists use validated functional scores to assess their patients' progress, **Richard Jenkins BA MSc**, will then go on to assist with a number of research projects and audits, as well as continuously feed each specialist the latest research pertaining to their field of expertise. As this will be a part time post Richard will continue in his current position as Research Support Officer at the Institute of Child Health.



Whiplash tackled

The latest specialist area to be addressed by Physiotherapy London is Whiplash. By investing in CMS, a **Cervical Measurement System**, more objective measurement of cervical movement in the sagittal, coronal and transverse planes can now be achieved.

While utilisation of the Quebec Task Force Classification of Whiplash Associated Disorder (WAD), as advocated by the CSP in their recently released Clinical Guidelines for the physiotherapeutic management of WAD, will not only facilitate in the creation of WAD specific treatment protocols, it will also aid in the annual auditing of the clinic's WAD results.



A sound investment

Physiotherapy London has been considering purchasing a **Real-Time Ultrasound Imaging machine** for some time. It would not only allow Tendayi MCSP HPC MSc, who is trained in injection therapy, to carry out more precise ultrasound guided injections, but would also assist the Pelvic Specialist in her assessment of bladder voidance.

With this in mind Physiotherapy London's Director attended a one day course on Real-Time Ultrasound Imaging hosted by SKF Services Ltd. The main speaker, Dan Doherty MCSP MSc (Public Relations Officer of The Dynamic Ultrasound Group), covered the physics, technology, safety guidelines & precautions, plus basic training in their use.

Convinced of their effectiveness as both an assessment and educational tool, Physiotherapy London is now reviewing the models currently available on the market, with a view to purchasing the most sensitive portable model.

Study budget for the year



To assist with the cost of the numerous courses Physiotherapy London's specialists attend Physiotherapy London has started a study budget; setting aside £300 per specialist per annum.



PHYSIOTHERAPY LONDON

Why see a generalist when you can see a specialist?

Spinal Specialist

Peter Mulvey
MCSP HPC MSc MMACP

Upper Limb Specialist

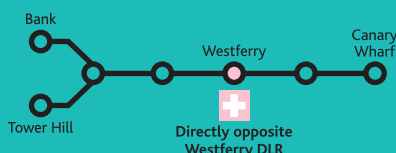
Tendayi Mutsopotsi
MCSP HPC MSc Ortho. Med.

Lower Limb Specialist

Miffy Edlund
MCSP HPC OCPPP

Pelvic Specialist

Debbie Stuart
MCSP HPC ACPWH



Directly opposite Westferry DLR



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MEMBER OF CSP, HPC & OCPPP