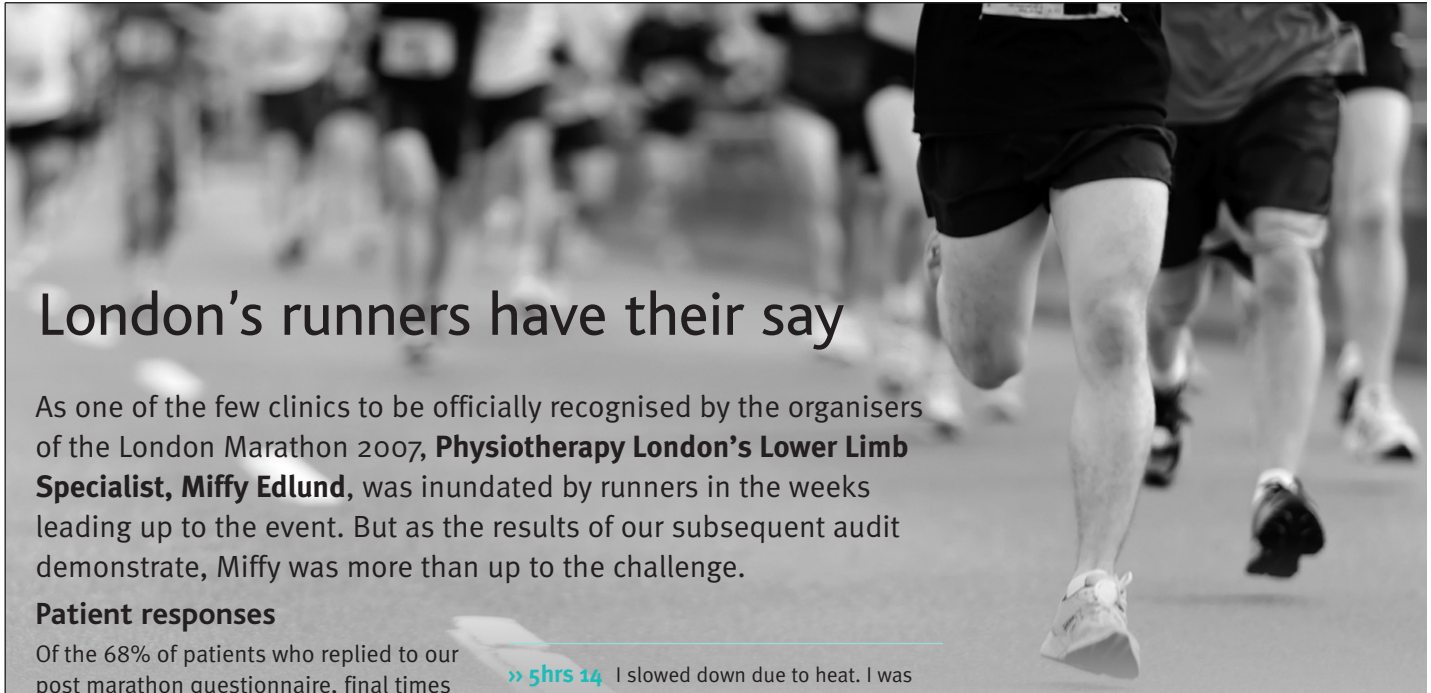


CLINIC NEWS



London's runners have their say

As one of the few clinics to be officially recognised by the organisers of the London Marathon 2007, **Physiotherapy London's Lower Limb Specialist, Miffy Edlund**, was inundated by runners in the weeks leading up to the event. But as the results of our subsequent audit demonstrate, Miffy was more than up to the challenge.

Patient responses

Of the 68% of patients who replied to our post marathon questionnaire, final times ranged from 3hrs 56mins to 5hrs 39mins, with just one patient failing to complete the race, but for an apparently unrelated reason. Of those who replied, all completed the additional comments section. Every one of those comments are listed below:

» **3hrs 56** Very successful physio treatment. I arrived injured with one goal – to complete the marathon. Mission accomplished! Superb service from Miffy. Great availability for appointments. Friendly relaxed environment. Will recommend!

» **4hrs 05** I could not even have attempted this without your help and guidance, so thanks a lot and I'll be sure to recommend you to everyone in the future.

» **4hrs 18** The physio I received was excellent as I felt no pain during the marathon.

» **4hrs 47** 17 minutes behind target. Felt I caught the injury early enough to reduce impact on my time – but the heat wasn't expected!

» **4hrs 49** The physiotherapy allowed me to continue my training – which ultimately got me to the starting line at the marathon. Without it I probably would not have been able to run.

» **5hrs 14** I slowed down due to heat. I was very pleased with your care. I would not have run without your help.

» **5hrs 22** Due to the injury I was carrying, I would not have completed the marathon without the treatment and advice I received. A first class pre and post race service.

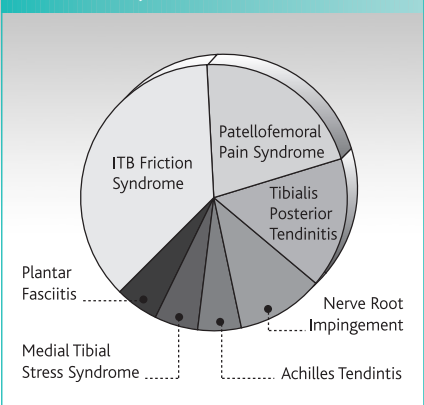
» **5hrs 27** My treatment and expert advice by Miffy was first class and I would not have been able to start the marathon let alone finish if it wasn't for her. Thank you very much for all your support.

» **5hrs 53** Excellent. I will use you again!

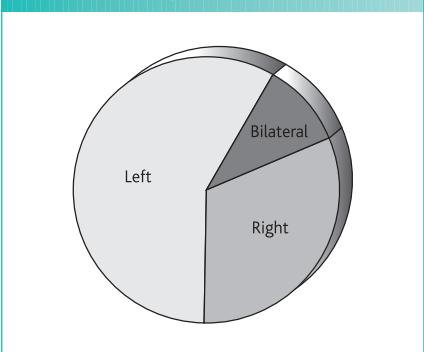
» **5hrs 39** I don't think I would have got through the training without Miffy's help from the beginning. It was great to see her regularly so she could keep an eye on things and either help me prevent problems or intervene before they got worse, & she was extremely helpful and supportive re my last minute ITB problem.

» **5hrs 39** Found the treatment very thorough and beneficial. I ran the marathon slower than I would have liked but I don't think I would have done it at all without the treatment. Thanks.

Marathon injuries treated



Side of the body affected



PHYSIOTHERAPY LONDON

Why see a generalist when you can see a specialist?

Spinal Specialist

Peter Mulvey
MCSP HPC MSc MMACP

Upper Limb Specialist

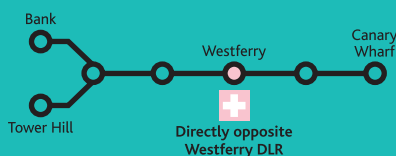
Tendayi Mutsopotsi
MCSP HPC MSc Ortho. Med.

Lower Limb Specialist

Miffy Edlund
MCSP HPC OCPPP

Pelvic Specialist

Debbie Stuart
MCSP HPC ACPWH



MEMBER OF CSP, HPC & OCPPP



"Where fast results count"