

National pro joins the team



Former consultant to the New Zealand National Alpine Skiing Team, **Miffy Edlund MCSP HPC OCPPP**, is Physiotherapy London's latest recruit.

Specialising in **lower limb injuries** Miffy recently attended The Society of Chiropractors & Podiatrists three-day Annual Conference in Brighton, and at the end of January attended a week-long sports medicine conference in Chamonix.

Photo provided by extreme sports photographer – and Physiotherapy London advocate – James Jenkins www.jamesjenkinsphoto.com

High scores

Debbie Stuart MCSP HPC ACPWH, Physiotherapy London's Pelvic Specialist, has been achieving **outstanding results** in the

treatment of incontinence since heading up Physiotherapy London's Continence Clinic in March 2006 (see results below).

During this time Debbie has also found time to establish herself as a regular guest speaker on **Incontinence & Women's Health** for **Champneys**; Britain's largest health resorts group.

Physiotherapy London's results to date

Quality of life due to urinary symptoms	Terrible	Unhappy	Mostly dissatisfied	Mixed equally satisfied and dissatisfied	Mostly satisfied	Pleased	Delighted	Average number of treatments
Initial	67%	33%	•	•	•	•	•	3
Discharge	•	•	•	•	•	67%	33%	

A Docklands welcome



Having recently attended a talk by Jo Fairley (co-founder of Green & Black's chocolate), as one of the Directors of the Docklands Business Club, Physiotherapy London's Director welcomed **easyGroup's founder Stelios** to The Museum in Docklands on 30th January.

Focus on research

Tendayi Mutsopotsi MCSP HPC MSc Ortho. Med. and Anne Roebuck MCSP HPC OCPPP attended the launch of **The London Hub of the National Physiotherapy Research Network** in December.

Focusing on Low Back Pain and Physiotherapy, The Current State of Play, speakers included **Prof. Jennifer Moffet, Dr Lucy Goldby** and **Duncan Critchley**; presenting their latest research in the field. Although their findings made for a somewhat subdued audience, physiotherapy's apparently limited affect on chronic LBP merely emphasised Physiotherapy London's belief in the need to drive the importance of early intervention; calling on GPs to refer rather than prescribe during a patient's very first episode of LBP.



PHYSIOTHERAPY LONDON

Why see a generalist when you can see a specialist?

Spinal Specialist

Peter Mulvey
MCSP HPC MSc MMACP

Upper Limb Specialist

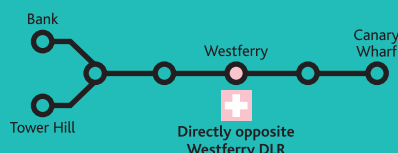
Tendayi Mutsopotsi
MCSP HPC MSc Ortho. Med.

Lower Limb Specialist

Miffy Edlund
MCSP HPC OCPPP

Pelvic Specialist

Debbie Stuart
MCSP HPC ACPWH



MEMBER OF CSP, HPC & OCPPP



"Where fast results count"